



**NEPAL TOUR – 2019**  
**September 12th – 24<sup>th</sup> – 14 Days/13 Nights**

Join **Joanna Giles** on this Tour of a Lifetime in Nepal. A heart felt behind the scenes collection of Joanna's favourite things to do - experience incredible connections, amazing vistas, villages, mountains and a culture so ancient. Be brought back to Earth by the humility of the Nepalese people and truly come to terms with gratitude as to how blessed we are.

12th - Day 1 - **Arrive KATHMANDU** -Transfers from Airport  
Included- Bed and Breakfasts and Airport transfers

13th - Day 2 - Durbar Mart **City Tour** / Monkey Temple / Fabric House –  
Included- Bed and Breakfast - [Traditional Nepali Dinner](#) - [No Drinks Included](#)  
[Lunch Not Included](#)

14th - Day 3 - **Gokarna – Celebrations** - All Day - 20th Anniversary of World Youth School  
Full Day – [Transport to and from Gokarna](#)  
Included- Bed and Breakfast  
[Lunch: Included Nepali Fare at the School](#)  
[And/ or BYO Sandwiches to Eat \(maybe as well\)](#)  
[\\*This is a loong day and we usually go out and party afterwards.](#)

15th - Day 4 – **Free Rest Day** - [Everest Flight](#) - [optional](#) - Dressmaker - Shopping - Garden of Dreams  
Included- Bed and Breakfast  
[Lunch/ Dinner Not Included /Transport for \*Mountain flight approx: US \\$ 205\*](#)

16th - Day 5 - **Pashupatinath - Boudhanath Stupa** – Kopan Monastery –  
Full Day - Included- Bed and Breakfast  
[Transport for sightseeing / Guide/ Entrance fees](#)  
[Lunch/ Dinner Not Included](#)

17<sup>th</sup> – Day 6 - Morning - **Mrs. Satyal Children's Home** - Optional Fatima's Healing Center –  
[Evening - Chintamani Yogi's School](#)  
Included- [Transport for planned sightseeing/ entrance fees/](#)  
[Dinner & Lunch not Included](#)

18th - Day 7 - Full Day **Baktapur Tour** / Rabindra's Home – Phoolbari  
[Included- Transport for planned sightseeing/ entrance fees/ Lunch and Dinner Included](#)  
[Mountain Home stay- Accommodations in Phoolbari](#)

19th - Day 8 – **Phoolbari** –  
Full Day - Bed & Breakfast /Lunch & Dinner  
Not Included- Drinks/ Snacks

20th - Day 9 – **Phoolbari** – **KTM** –  
World Youth School and Sapana Dreaming Children's Home - Fatima's Optional  
Included - Breakfast/ Transport on planned sightseeing  
Lunch/ Dinner Not Included

21st - Day 10 – **Free Day** - **KTM**  
Breakfast included - Lunch/ Dinner Not Included

22nd - Day 11 - **Bus to Pokhara** via Manakamana Cable Car Check into the Hotel in Pokhara  
Included - Bed and Breakfast/Ground Transport to Pokhara/ Cable car /Guide  
Lunch/ Dinner Not Included

23rd - Day 12 – **Pokhara Tour** - Boat Trip on the Lake - Day –  
Included- Bed and Breakfast/Ground Transport in Pokhara/ entry fees/Guide  
Lunch/ Dinner Not Included

24th - Day 13 – **Return to Kathmandu** by Air - Free Day and Eve - Dressmaker –  
**PARTY**/ **KTM Free Day**  
Included- Bed and Breakfast/flight fare from Pokhara to Kathmandu/ Transfers/Guide- Half day  
Lunch/ Dinner Not Included

25<sup>th</sup> – Day 14 – **Depart Kathmandu** Airport and head Home..... Tears - Can't believe I am  
leaving.....>>>>>Namaste

**Nepal Visa** - Visas are required by everyone unless you are God.  
A single-entry visa valid for 15/30/90 days costs US\$25/40/ 100.  
Purchased at Kathmandu Airport - must have USD cash and would advise the form filled in and run to  
the front of the line or apply at home.

**TOUR COST: \$ 1990**

Airport Transfers  
The Sapana Dreaming 20th Year Anniversary Celebrations  
Visits to HOG Heaven Projects/Schools  
City Tours of Kathmandu and Bhaktapur  
Temple Visits & The Beautiful Kopan Monastery  
Cable Car to Manakamana

2 Day side Trip to Pokhara  
Traditional Dinners  
Fabulous Shopping  
\$300 Donation to HOG Heaven Projects  
\*Mount Everest Flight  
\* Meals please see Full Itinerary

**Land Content Only - Air Conditioned Rooms and Breakfast**

\$ 1990 USD -Twin Share per person  
\$ 350 – Supplement for Single Room  
\$ Deluxe Room on application

**Does Not Include:**

Flights & Insurance  
Visa Fees  
Alcohol / Some meals  
Spending Money